

Do more together at the **YMCA.**

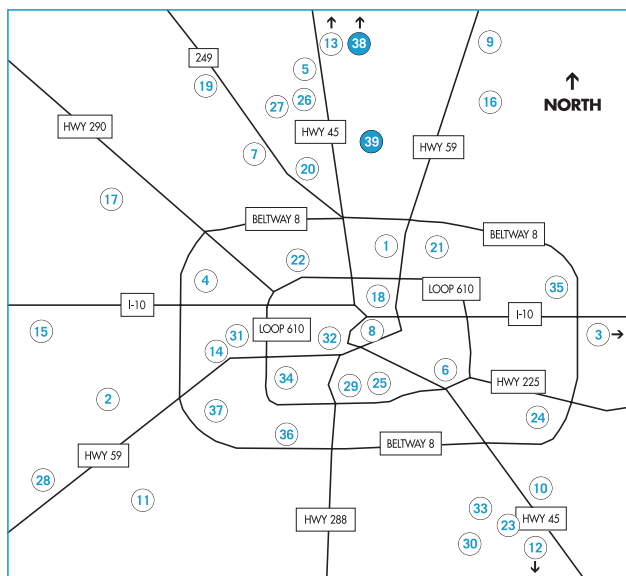


Guide

to **YMCA** Programs

Baytown Family YMCA • April-August 2009

YMCA locations



- 1 ALDINE - GREENSPOINT 832.484.9622
10960 North Fwy, Houston, TX 77037
- 2 ALIEF 281.495.9100
7850 Howell-Sugarland Rd.,
Houston, TX 77083
- 3 BAYTOWN 281.427.1797
201 YMCA Dr., Baytown, TX 77521
- 4 CLAY ROAD 713.467.9622
10655 Clay Rd., Houston, TX 77041-8755
- 5 CONROE 936.756.9345
10245 Owen Dr., Conroe, TX 77304
Outside Conroe-Houston 936.441.9622
- 6 COSSABOOM 713.643.4396
7903 S. Loop E., Houston, TX 77012
- 7 CYPRESS CREEK 281.469.1481
19915 S.H. 249, Houston, TX 77070
- 8 DOWNTOWN 713.659.8501
1600 Louisiana, Houston, TX 77002
- 9 E. MONTGOMERY COUNTY
EXTENSION 281.689.2655
16401 First St., Splendora, TX 77372
- 10 EDGAR A. SMITH 281.486.9622
14650 Hwy 3, Webster, TX 77598
- 11 FORT BEND FAMILY 281.499.9622
4433 Cartwright Rd.,
Missouri City, TX 77459
- 12 GALVESTON FAMILY 409.763.4607
3920 Ave L, Galveston, TX 77550
- 13 HUNTSVILLE 936.295.8009
291 Hwy 75 N., Huntsville, TX 77320
- 14 YMCA INTERNATIONAL
SERVICES 713.339.9015
6300 Westpark, Ste 600,
Houston, TX 77057
- 15 KATY 281.392.5055
22807 Westheimer Pkwy, Katy, TX 77494
- 16 LAKE HOUSTON 281.360.2500
2420 W. Lake Houston Pkwy,
Kingwood, TX 77339
- 17 LANGHAM CREEK 281.859.6143
16725 Longenbaugh, Houston, TX 77095
- 18 M.D. ANDERSON 713.697.0648
705 Cavalcade, Houston, TX 77009

- 19 MAGNOLIA/TOMBALL 281.356.4077
36725 FM 1774, Magnolia, TX 77355
- 20 N. HARRIS COUNTY 281.444.3550
17125 Ella Blvd., Houston, TX 77090
- 21 NORTHEAST 713.633.0530
7901 Tidwell Rd. @ N. Wayside,
Houston, TX 77028
- 22 HARRIET AND JOE FOSTER FAMILY
YMCA 713.869.3378
1234 West 34th St.,
Houston, TX 77018
- 23 PERRY FAMILY 281.338.9622
1700 League City Pkwy W.,
League City, TX 77573
- 24 SAN JACINTO 713.473.9441
1716 Jasmine, Pasadena, TX 77503
- 25 HOUSTON TEXANS YMCA
713.748.5405
5220 Scott Street, Ste 105,
Houston, TX 77004
- 26 SOUTH MONTGOMERY COUNTY AT
SHADOWBEND 281.367.9622
6145 Shadowbend,
The Woodlands, TX 77381
- 27 SOUTH MONTGOMERY COUNTY AT
BRANCH CROSSING 281.367.9622
8100 Ashlane Way,
The Woodlands, TX 77382
- 28 T.W. DAVIS 281.341.0791
911 Thompson Hwy,
Richmond, TX 77469
- 29 TEXAS MEDICAL CENTER
CHILD CARE 713.747.2173
5614 H. Mark Crosswell, Jr. St.,
Houston, TX 77021
- 30 THELMA LEY ANDERSON FAMILY
281.585.3112
3201 S. Hwy 35, Alvin, TX 77511
- 31 TROTTER FAMILY 713.781.1061
1331 Augusta Dr., Houston, TX 77057
- 32 UPPER KIRBY EXT. 713.522.9622
3015 Richmond Ave. Ste 110,
Houston, TX 77098
- 33 VIC COPPINGER 281.485.6805
2700 YMCA Dr., Pearland, TX 77581
- 34 WEEKLEY FAMILY 713.664.9622
7101 Stella Link Blvd,
Houston, TX 77025
- 35 WENDEL D. LEY 281.458.7777
15055 Wallisville Rd.,
Houston, TX 77049
- 36 WEST OREM 713.726.1606
5801 W. Orem Dr., Houston, TX 77045
- 37 WESTLAND 713.771.8333
10402 Fondren Rd., Houston, TX 77096
- 38 YMCA CAMP CULLEN 713.758.9275
460 Cullen Loop, Ste A,
Trinity, TX 75862
- 39 YMCA CAMP PINE TREE
281.353.6229
709 Riley-Fuzzell Rd, Spring, TX 77373

where **values** are always in **play.**

BAYTOWN FAMILY YMCA



201 YMCA DRIVE
BAYTOWN, TX 77521
Phone 281.427.1797
Fax 281.420.1328
www.ymcahouston.org

TABLE OF CONTENTS

CENTER INFORMATION	4
MEMBERSHIP	5-6
AQUATICS	7
YOUTH SPORTS	8-10
HEALTH & WELLNESS	11
CHILDCARE	12
PARTNERS CAMPAIGN	13
VOLUNTEERISM	14

Anyone can join the YMCA. The YMCA has always been a great fit for everyone and their family. Now, it's also a great fit for every budget. Because we believe a healthier lifestyle should be available to all, we're now offering a program called **Membership for All.**

Join the YMCA and your monthly membership fee will be based on your annual household income. Our membership types are based on household types. We have no contracts to sign, a 30-day money-back guarantee on your joining fee, a comprehensive corporate membership plan and an AWAY program, in which you can use your Houston YMCA membership at other participating YMCAs across the country. Joining the Y has never been easier!

EVERYONE BELONGS at the YMCA of Greater Houston. At the YMCA, we're more than just a place to work out. We're a place where you can be yourself.



Building Hours:

Days	Times
Mon-Thu	5:00am-10:00pm
Fri	5:00am-8:00pm
Sat	8:00am-5:00pm
Sun	1:00pm-5:00pm

Holiday Hours:

Holiday	Times
Fri, Apr 10, Good Friday	8:00am-5:00pm
Sun, Apr 12, Easter	CLOSED
Mon, May 25, Memorial Day	8:00am-5:00pm
Saturday, July 4, Independence Day	CLOSED

Mission Statement: Our mission is "to put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all."

The YMCA is challenging people, especially children and teens, to accept and demonstrate positive values. The 5 core values of the YMCA of Greater Houston are emphasized in all programs: Respect, Responsibility, Honesty, Caring and Faith. Through our programs and the modeling of these values, the YMCA continues to meet the needs of our ever-changing community.

Financial Statement: We strive to turn no one away due to inability to pay.

Program Memberships: For those who want to participate in programs or activities but do not want to use the amenities the facilities have to offer. A yearly program membership fee of \$30 gives you and your family access to all the programs and activities that are designed for our program members.

How to Register for YMCA Programs:

- Online www.ymcahouston.org
- Walk-in

Open Doors Scholarship Program: The YMCA is community-based and believes that its programs and services should be available to everyone regardless of age, background, ability or income. That's why the YMCA offers an OPEN DOORS program, a sliding fee scale that is designed to fit your individual financial situation.

Child Watch Hours:

Mon-Thu	8:00am-12:00pm, 5:00pm-9:00pm
Fri	8:00am-12:00pm, 5:00pm-8:00pm
Sat	8:00am-12:00pm
Sun	1:00pm-5:00pm

Facility Membership Types:

Two-Adult Household with Kids: Two adults & any children under age 21 or a full-time student living in the same household

Two-Adult Household: Two adults living in the same household

One-Adult Household with Kids: One adult & any children under age 21 or a full-time student living in the same household

One Adult: Individuals who are between the ages of 29 & 64

Two-Adult Senior Household: Two adults with one adult age 65 or older living in the same household

One Senior Adult: Individuals who are age 65 or older

Students: Between the ages of 13-25 Ask about our **Membership for All** program, which is based on your total annual household income. Please stop by the Welcome Center for more information. Rates are available for Baytown only or for Citywide use of all YMCAs in the Greater Houston area.

Additional Adult Rates: Baytown \$10, Citywide \$15

Ron Lewis, *Executive Director*
ron.lewis@ymcahouston.org

Job Opportunities: Work with us! We seek people who are interested in people and want to make a difference. At the YMCA, we get the job done through professional staff members who are carefully selected for their interests, experiences and enthusiasm.

The YMCA is more than a job; it's a career! The Y has a wide-reaching system of training and development opportunities. With 150 years of experience, the YMCA knows that its mission is achieved one person at a time, carried out in the hearts and hands of each caring and skillful staff member.

A career with the YMCA will allow you to take home the smile you get from teaching children to tie their shoes or to do the breaststroke. You can feel pride in watching teens you have mentored and coached graduate from high school and achieve honors.

You can share in the excitement of an adult fitness member who has reached a new goal. You can take home all of what it means to make a difference in someone's life. Pick up an application at the Welcome Center.



Guests at the Baytown Family YMCA:

All guests are given a maximum of 3 visits. All guests 17 years and younger must have parent/guardian tour facility and sign waiver. Special circumstances such as out-of-town guests who will be visiting more than 3 times will need to make prior arrangements with the Membership Director.

Facility Age Requirements: Members between the age of 13 and 15 must be accompanied by an adult member or have completed a youth strength training orientation.

Family participation is encouraged! Children ages 9-12 may use the cardiovascular equipment with a guardian present.

The parent/guardian must remain side-by-side with the child/children for the duration of their workout.

Children under the age of 12 are not permitted in the circuit training or free weight area.

Wellness Center/Weight Room:

All youth members ages 17 and under must have attended a youth strength training orientation before using, must be accompanied by an adult on the first visit, and have a parent or guardian release on file.

Adult Locker Rooms: Ages 18 and over only.

Child Watch: Ages 2 weeks to 12 years, for members with dependent children on their membership. Child Watch maintains a 2-hour time limit. Adults using the facility more than once per day may return after 5:00pm for an additional 2 hours. Please note that there must be a 4 hour lapse between both visits. Members must be on YMCA property at all times while their children are in Child Watch. Child Watch staff members are trained YMCA child-care givers and are certified in CPR and First Aid.



First Aid and Emergencies: Should you need assistance for first aid, contact any staff person or go to the Welcome Center. Please locate the emergency exits throughout the building. In case of fire, please use the closest exit to leave the building. If you have a child in Child Watch, your child will be taken by a staff member to a safe place.

Facility Time Restrictions: Facility Members 13 and older are welcome to participate in all of our offerings. It is our policy that children not be left at the YMCA longer than 2 hours.

Lockers/Valuables: Lockers are available for daily use or may be rented annually. See the Welcome Center for details. If you are using one for daily use, you will need to provide your own lock. Please do not leave articles in lockers overnight (they will be removed nightly). The YMCA assumes no responsibility for removed contents or for cut locks. We recommend that you do not bring valuables to the YMCA and that you do not leave valuables visible inside your car.

Lost & Found: Please turn in all "found" articles to the Welcome Center. If you have lost an item, please inquire at the Welcome Center.

caring

honesty

respect

responsibility

faith

Membership Cards & Photos:

All members are issued a membership card and are required to have their picture taken. Members must present their membership card on every visit. Members that forget to bring their cards or have lost their cards must pay a \$5 service fee each time.

Disciplinary Action: If any member or guest violates any of the YMCA's guidelines, uses profanity or abuses the facility or staff, he or she may be indefinitely suspended from using the YMCA in the future. Any member or guest who provokes or partakes in any violent behavior such as fighting will be removed and membership revoked.



Attire: Athletic shoes, shirts and pants must be worn during exercise in all workout areas of the facility. No denim please. Street shoes are not permitted on any wood floors or in the pool area. Proper swimsuits must be worn when using the pool or spa. Staff may request that you "cover up" if your attire is deemed inappropriate.

Family Time

Kids Night Out: The Baytown Family YMCA has a night of guaranteed fun for kids ages 6 weeks-12 years. At this monthly event, members can take the night off while we entertain their kids from 5:00pm-9:00pm. Space is limited, so register early. Snacks are provided. Activities include:

- Games • Movies • Sports • Songs
- Arts & crafts • New friends
- Talent shows

When:

- April 18
- May 2
- June 20
- July 18
- August 8

Facility Member: \$20/child; \$10/sibling



where **values** are always in **play.**

Swim Lessons: Each session consists of 8 lessons. Fridays are make up days for bad weather.

Parent/Child: (30 min) 3-36 mos
(Babies must wear swim diapers)

Preschool: (30 min) 3-5 yrs

Youth: (40 min) 6-12

Adult: 13 & up

Sessions:

Session I: May 18-May 29 (pm only)

Session II: June 1-June 11

Session III: June 15-June 25

Session IV: June 29-July 9

Session V: July 13-July 23

Session VI: July 27-August 6

No class May 25, make up May 29.



Youth/Preschool: Monday-Thursday,
8:50am, 9:40am, 10:30am, 6:00pm,
6:45pm

Parent/Child Day: Monday-Thursday,
9:40am, 6:45pm

Adult Day: Monday-Thursday, 7:15pm

Registration Begins: April 12

Registration Ends:

Session I: May 16 / **Session II:** May 30

Session III: June 13 / **Session IV:** June 27

Session V: July 18 **Session VI:** August 1

Facility Member: \$40

Program Member: \$60

+\$10 annual program fee



YMCA
Aquatics

Water Safety, skill development
and fun for everyone

- Swim Lessons for all ages
- Water Exercise
- Lifeguard Certification

YMCA
of Greater Houston
ymcahouston.org

TYKHUIS

The YMCA believes that youth sports programs encourage and promote healthy and strong kids, families and communities by placing a priority on family involvement, healthy competition rather than rivalry, the value of participation over winning, team building as well as individual development, a positive self-image and a sense of fair play and mutual respect for others. Caring adult coaches and volunteers create an asset-rich environment in which children learn and practice the core values of responsibility, honesty, respect, faith and caring.

Summer Cheerleading:

Ages: 3-13

Season: June 20-August 15

Registration: April 1-May 31

Late Registration Begins: June 1, include an additional \$20 late fee

Location: Baytown Family YMCA

Practice Begins: Week of June 8

Game Location: Announced at 2nd practice and on www.quickscore.com/baytownymca.com

Coaches/Team Parent Meeting: May 28, 7:00pm in the Gym

Parent Meeting: May 27, 7:00pm in the Gym

Roster Pick up: June 5, 6:00pm-8:00pm

Holidays: June 28-July 5

Picture Day: July 18

Facility Member: \$40

Program Member: \$70

Uniform Fee: \$50

Fee includes an award at the end-of-season banquet.



Summer Basketball:

Ages: 3-17

Season: June 20-August 15

Registration: April 1-May 31

Late Registration Begins: June 1, include additional \$20 late fee.

Location: Baytown Family YMCA

Practice Begins: Week of June 8

Game Location: Will be announced at the 2nd practice and on www.quickscore.com/baytownymca.com.

Coaches/Team Parent Meeting: May 28, 7:00pm in the Gym

Parent Meeting: May 27, 7:00pm in the Gym

Roster Pick up: June 5, 6:00pm-8:00pm

Holidays: June 28-July 5

Picture Day: July 18

Facility Member: \$55

Program Member: \$75

Jersey Fee: \$12

Fee includes an award at the end-of-season banquet. All 8 games are guaranteed, but the outdoor practices are not guaranteed due to weather.

where **values** are always in **play.**



Summer Soccer:

Ages: 3-17

Season: June 20-August 15

Registration: April 1-May 31

Late Registration Begins: June 1, include additional \$20 late fee

Location: Baytown Family YMCA

Practice Begins: Week of June 8

Game Location: Will be announced at the 2nd practice and on www.quickscore.com/baytownymca

Coaches/Team Parent Meeting: May 28, 7:00pm in the Gym

Parent Meeting: May 27, 7:00pm in the Gym

Roster Pick up: June 5, 6:00pm-8:00pm

Holidays: June 28-July 5

Picture Day: July 18

Facility Member: \$55

Program Member: \$75

Jersey Fee: \$12

Fee includes an award at the end-of-season banquet. All 8 games are guaranteed, but the outdoor practices are not guaranteed due to weather.

Summer Volleyball:

Ages: 7-17

Season: June 20-August 15

Registration: April 1-May 31

Late Registration Begins: June 1, include additional \$20 late fee

Location: Baytown Family YMCA

Practice Begins: Week of June 8

Game Location: Will be announced at the 2nd practice and on www.quickscore.com/baytownymca

Coaches/Team Parent Meeting: May 28, 7:00pm in the Gym

Parent Meeting: May 27, 7:00pm in the Gym

Roster Pick up: June 5, 6:00pm-8:00pm

Holidays: June 28-July 5

Picture Day: July 18

Facility Member: \$55

Program Member: \$75

Jersey Fee: \$12

Fee includes an award at the end-of-season banquet. All 8 games are guaranteed, but the outdoor practices are not guaranteed due to weather.



caring

honesty

respect

responsibility

faith

Basketball Camp: Basketball Camp is a great way to learn and retain fundamentals. Camp will focus on improving speed, strength and team work. We will discuss nutrition and practice sports training. Each athlete will participate in an award ceremony and receive a report card.

Ages: 5-14

Registration: April 1-May 28

Location: Baytown Family YMCA

Facility Member: \$30

Program Member: \$45

Camp Shirt: \$10

Camp Dates: June 8-June 12,
8:00am-12:00pm

Reminder: Youth sports program fees are nonrefundable after the first game. Trophies and pictures are held for 30 days. Contact Troy Stehle, Sports Director, at troys@ymcahouston.org

Volleyball Camp: Volleyball Camp is a great way to learn and retain fundamentals. Camp will focus on improving speed, strength and team work. We will discuss nutrition and practice sports training. Each athlete will participate in an award ceremony and receive a report card.

Ages: 7-14

Registration: June 1-July 20

Location: Baytown Family YMCA

Facility Member: \$30

Program Member: \$45

Camp Shirt: \$10

Camp Dates: July 27-July 31,
8:00am-12:00pm



A Great Start to a lifetime of fitness and values

Caring adult coaches create an environment where children learn and practice values of responsibility, honesty, respect, faith and caring.



ymcahouston.org



where **values** are always in **play.**

Family Fitness: The YMCA Health and Wellness programs are developmentally appropriate and help people at any stage of life build positive health habits. Participation in YMCA programs offers youth and adults opportunities for friendship and community, a sense of well-being, increased self-confidence and improved mental abilities. YMCA programs and services cut across diverse populations with diverse needs and attempt to take into account the total health of each person.

The YMCA provides a variety of Health and Wellness programs, including land and water fitness classes for individuals and families of all ages, health and wellness seminars, educational classes, personalized training programs, noncompetitive youth sports leagues, and social opportunities for seniors and families.

Contact Juanell Leach, Health & Wellness Coordinator, at juanell@ymcahouston.org

Personal Training: (Members Only Program) One-on-one customized training including cardio training or sports injury training. Our Personal Trainers are specially trained to help meet your specific goals. Schedule your session at the Welcome Center.

1 Session: \$35

10 Sessions: \$250

Group Exercise Classes: We offer a variety of classes, such as Zumba, Step, Spin Cycling, Circuit Training, Pilates, Yoga and SilverSneakers®, to name a few. All classes are designed to help you work at your own pace while having fun, getting fit and making new friends. Please pick up a schedule at the Welcome Center.



live it up

Be Active. Be Involved. Belong.

We offer fitness programs for older adults such as water exercise, yoga, stretching classes, and social clubs.

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Child Watch Schedule:

Mon-Thu	8:00am-12:00pm, 5:00pm-9:00pm
Fri	8:00am-12:00pm, 5:00pm-8:00pm
Sat	8:00am-12:00pm
Sun	1:00pm-5:00pm

Child Watch:

- Child Watch is a members-only benefit available to the dependent children of members with 1 adult with kids, 2 adults with kids or senior memberships with kids. (Exception must be approved by the YMCA Director.)
- You must remain in the building when your child is in Child Watch.
- Children must wear shoes in Child Watch area.
- Although child-care givers cannot give children food, you may bring food for your children each time you use Child Watch. Child-care givers only release children to the parent that signed them in.
- Child Watch staff members are trained YMCA child-care givers with training in CPR and First Aid.
- Parents are asked to find alternative care for sick children.
- Children may not stay longer than 2 hours.

Day Camp: Get ready for summer fun!
Day Camp is an all-day experience of outdoor & indoor activities.

Camp "CanDo": (ages 3-5) - Preschool Camp is a chance for campers to explore social skills and character development, while having fun. Campers will participate in learning centers, arts & crafts, singing, dancing and playing games. They will learn good fitness and play habits. We will have events and opportunities for parents to participate with their child. Camp "CanDo" can be either a full day camp or a half day.
**(All participants must be potty trained)*

Camp "AtaRanch": (ages 5-11)
School-Age Camp offers campers a full day of camp activities. Campers will participate in arts & crafts, games, sports, skits, singing songs, special projects, swimming, a wild range of field trips and much, much more. Campers interact in large and small group activities, and character development is a part of all activities. Campers enjoy a flexible schedule that changes daily and is age-appropriate for our campers. Kids who enjoy and crave to be active will love our camps.

Teen Camp: (ages 12-15) - Teen camp has activities and curriculum designed especially for teens. Unique and challenging opportunities include team building, leadership skill development and service learning projects. They will also experience the traditional day camp fun and have exciting field trips that will provide your teen with a summer of fun.

Session 1: June 8-June 12

Session 2: June 15-June 19

Session 3: June 22-June 26

Session 4: June 29-July 3

Session 5: July 6-July 10

Session 6: July 13-July 17

Session 7: July 20-July 24

Session 8: July 27-July 31

Session 9: August 3-August 7

Session 10: August 10-August 14



Our commitment to living our charitable mission each and every day keeps us strong and focused. Although grounded in our historical values, the YMCA continues to search for and collaborate on new solutions to our communities' changing needs.

The YMCA remains committed to bringing our board and staff members, friends, facility members and donors closer to our mission in all we do. Advancements in new programs and innovative solutions often come thanks to special donors of the YMCA. Many scholarships and program subsidies are a result of the essential support of individual donors, corporate entities and foundations.

YMCA Partners Campaign: With your support, the YMCA's annual support effort, Partners Campaign, ensures that the YMCA is there for those who need us most.

By supporting the Partners Campaign, you ensure that everyone regardless of their circumstances or ability to pay can benefit from the YMCA's values-centered programs.

Contributions to Partners Campaign fund such important initiatives as child care, camping, membership, teen and leadership programs, community services, older adult programming, housing, youth sports and aquatics.

where **values** are always in **play.**

What's more, dollars raised for the Baytown Family YMCA stay at that location to meet the Baytown area community's most pressing needs.

When you give to the YMCA Partners Campaign, you're making an investment in the future of Baytown's children.

Through our OPEN DOORS program, the YMCA strives to turn no one away due to inability to pay. Each gift makes a difference that can literally calm a weary spirit, grow stronger minds and healthier bodies, and instill a sense of belonging.

All year long, the dollars raised from the Campaign help families participate in programs. Now more than ever, children and families need the YMCA's innovative programs and services.

Won't you join our efforts to build strong kids, strong families and strong communities through your own Partners gift to keep the Baytown Family YMCA available for all?



The annual Partners Campaign is an invitation to join the YMCA in meeting its mission in extraordinary ways. Contributions provide financial assistance and support programs.



ymcahouston.org

caring

honesty

respect

responsibility

faith

Volunteers: Volunteers are at the heart of the YMCA, and that is why the YMCA is at the heart of the community. When you are a volunteer at the YMCA, you are part of a not-for-profit organization with a vision of building strong kids, strong families and strong communities.

Your time and talent will translate into helping a child, mentoring a teen or providing support for families. You can help create a safe, healthy and caring environment that will nurture people of all ages and backgrounds, helping them to become successful members of our community.



- Program volunteers help to lead programs as instructors or coaches aides.
- Support volunteers work in the office, front desk or around the grounds.
- Fund-raising volunteers raise funds through our campaigns (annual, capital, special or sustaining); work on endowment development; or work at/run special events.

Volunteers are essential to the YMCA. If you would like to volunteer, contact the Baytown YMCA at 281.427.1797.



YMCA
of Greater Houston

ymcahouston.org

IT'S A GREAT PLACE TO BE
a volunteer

When you are a volunteer at the YMCA, you are a part of a not-for-profit organization with a vision of building strong kids, strong families and strong communities.



YMCA
of Greater Houston

RESIDENT CAMP

...where a kid can be a kid!



YMCA CAMP PINE TREE AND YMCA CAMP CULLEN
summer camps for kids ages 5-16

Throughout our camp program, we attempt to foster a respect for ourselves, our fellow campers and staff, and the natural environment that surrounds us. We offer a warm, supportive atmosphere that encourages everyone's success and builds life-long friendships.

WATER SPORTS, HORSEBACK RIDING, ARCHERY, TEAM SPORTS, ROPES COURSES, ARTS & CRAFTS, CAMPFIRES, DRAMA, ADVENTURE TRIPS, FUN STAFF, AND MORE!

ymcacampinetree.org • ymcacampcullen.org

The YMCA is recognized as a leader in teaching the YMCA's core values of Caring, Honesty, Respect, Responsibility and Faith.



To put Judeo-Christian principles into practice through programs that build a healthy spirit, mind, and body for all. We strive to turn no one away due to inability to pay.



One free one-day guest pass

expires 08.31.09

For additional information

Call 713.659.5566

or visit ymcahouston.org

Call your local Y for center restrictions.
Must be 18 years of age, or accompanied by an adult during facility use. Must show a picture ID.

Stop by our YMCAs
on **Healthy Kids Day**,
April 18, 2009

Check out our new website at
ymcahouston.org



YMCA of the Greater Houston Area
P.O. Box 3007
Houston, Texas 77253-3007

Non-Profit Org.
U.S. Postage
PAID
Phoenix, AZ
Permit No. 237

TXHN05



YMCA Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. The YMCA strives to turn no one away due to inability to pay.